

ICAP 2026 Congress – Tour Proposals

Tour 11. Cooking Class B



Pizza & Pasta Experience in the heart of Florence

Step into the kitchen of Florence and discover the secrets behind Italy's most beloved dishes—whether inside a prestigious culinary school or within the walls of one of the city's historic restaurants.

This immersive cooking class invites you into the beating heart of Florentine gastronomy. Choose between two equally authentic and hands-on experiences:

- Step behind the scenes of a historic Florentine restaurant, where generations of chefs have carried forward the city's culinary traditions. Here, you'll cook where true locals have cooked for decades- experiencing first-hand the soul of traditional Tuscan cuisine.

In both settings, you'll enjoy individual workstations, professional equipment, and expert guidance from passionate chefs eager to share genuine techniques, family secrets, and cultural stories that bring each dish to life.

After the cooking, relax and enjoy a guided tasting of your creations, paired with a glass of local wine in a warm, social atmosphere.

What's included in the experience:

English-speaking cooking lesson
Lesson materials, recipes,
apron, beverages (wine / soft
drinks / beer), welcome coffee

Starting time: AM or PM

Duration: from 2.5 to 3 hours

Price per person: 130,00

Min number of pp: 15

Dates: 23/07/26 -24/07/26