

RELAX, IT'S JUST MONEY

Financial anxiety: causes and strategies to keep it under control

July 25, 14.00-15.00

V-Casa Italia Mindlab, Fortezza da Basso, Firenze

14.00 – 14.15

Giovanna Paladino (Director and curator, Museum of Saving)

An introduction to financial anxiety

14.15 – 14.40

Maria Donata Orfei (PhD, Research Collaborator, MoMiLab Research Unit, IMT School for Advanced Studies Lucca)

Developing an app for managing financial stress

14.40 – 14.55

Nadia Linciano, *Secretary General, CONSOB*

Financial Anxiety: an obstacle to proper money management

14.55 – 15.05

Edoardo Lozza, Full Professor of Psychology, Catholic University of Milan

Financial stress: a psychological perspective

15.05 – 15.15

Francesco Pagnini, Full Professor of Clinical Psychology, Catholic University of Milan

An experimental project between clinical psychology and financial choices

15.15 – 15.30

Q&A session